

COVID-19 GUIDELINES

MOCKINGBIRD HILL RETREAT GUESTS

The house will be cleaned and left empty for 72 hours prior to your arrival.

Before you come

- We will send a link to a required screening form which must be completed and returned to us before you come. Do not come if you have
 - any of the following symptoms: fever, coughing/sneezing, sore throat, shortness of breath, diarrhea, abdominal pain
 - been out of the country
 - traveled to high risk areas
 - traveled by air
 - been exposed to someone with documented or suspected COVID-19
- **Please bring your own sheets and blankets. We will provide towels.**

When you arrive

- We will take your temperature and review the symptom checklist. Please bring a mask to wear when we take your temperature. If you are in the house with several others, please make sure you practice social distancing and wear masks when appropriate.
- A special COVID-19 waiver form will be in the house. Please sign it when you arrive and give it to whoever comes to take your temperature.
- We respect physical distancing and ask you to do the same.

While you are here

- The woods, trails, lakes and conservation areas on the beautiful 788 acre property are open for you to enjoy! If you want to spend time on the property, you can drive to Mary's Lake (see map) and park. You can then access the trails or enjoy the picnic shelter at the lake.
- **ALL buildings on the Motherhouse main campus are closed to visitors at this time.** We strongly discourage your walking there, as well. If you happen to encounter someone else while you are walking, please allow 10 feet distance and refrain from interacting other than a smile.

If you become sick while you are here, it is your responsibility to drive yourself home or find someone to pick you up immediately. As soon as possible, please get tested for COVID-19 and let us know of those results so we can do contact tracing as needed.

September 17, 2020

When you leave

- Place your towels in the washing machine but do **NOT** turn on the washer.
- Please leave the house as clean as possible including running the dishwasher.

After you leave

- Please notify us if you test positive for the virus within 14 days of your time with us. We, in turn, will notify you if any retreat staff members, or guests who were in the house prior to your arrival, test positive. (Note that our protocol at this time is 3 days of fallow time between one guest and the next.)